

Munch Monitor – PH: 1300 796 190

On the rare occasion the MM system is unavailable please organise your child's lunch for the day while the problem is resolved.

To avoid the system being slow due to overwhelming orders from all schools we suggest you place your lunch orders before 8am or make your morning easier and order the night before. You can even order up to a month in advance.

Cancelling your child's online order

Orders for the day can be cancelled right up until 8.30am cut-off time online each morning if your student will be absent from school.

To cancel the order:

Log into your account and open the order page again you will see a deletion button at the bottom of the order page, select delete order and the order will be cancelled & the funds will be returned to your account immediately.

About Our Canteen

Our canteen is an approved Healthy School Canteen by the NSW Government, our menu meets the criteria for the NSW Healthy Schools Canteen Strategy Choices until November 2022 when this be reviewed.

Thank you for supporting the School by using the Canteen managed by the P&C Association. All profits from the canteen are donated to the school to help support the education of our children.

Volunteers

The canteen welcomes our Sans Souci community volunteers – parents, grandparents and carers. All offers of help are greatly appreciated. We offer a valuable service to our school five days a week. Our canteen is run by the P&C to provide a wide range of healthy food items. It is dependent upon the voluntary support of parents for its survival. Many parents enjoy visiting the school and working at the canteen with other parents. Profits from the canteen helps to equip our school. If you would like to help, please talk to our friendly canteen managers.

Uniform Prices

SSPS Sports Shorts Unisex	\$35.00
Size 4-16	
SSPS Sports Skorts	\$35.00
Size 4-20	
SSPS Sports Polo - Years Kindy – Year 2	\$35.00
Size 4-12	
SSPS Sports PSSA Top - Years 3 - 6	\$35.00
Size 8-22	
School Caps	\$15.00
Wide Brim Hats	\$15.00
Library Bags	\$15.00
Large School Bags	\$50.00
Large School Pack	\$75.00
Includes: Bucket Hat, Library Bag, and School Bag	
PSSA Socks	\$15.00
Years 3-6 PSSA Sport Only	

*SSPS Sports Uniforms are available daily for purchase through Munch Monitor online or from the canteen Monday, Tuesday or Wednesday with cash or cheque.

**Please note secondhand uniforms are only available over the counter Monday, Tuesday and Wednesday.

Secondhand Uniforms Available

Prices range from \$2.00 to \$5.00

*We happily accept all good condition and freshly laundered secondhand uniforms. All proceeds raised are donated back to the school by the P&C.

Online Uniform Shop

To place an order for sports uniform, bags, library bags, hat & caps through MM please click on the tab Uniform Shop and order what you require, please note these will be delivered to the office for collection only.

*Exchanges can be made if incorrect size has been ordered but must be with tags and original packaging otherwise, we will not be able to exchange your purchase.

Sans Souci Public School



P&C Canteen Menu 2023

Prices current from
31 January 2023
(Prices are subject to change)

Hours

Lunch

11.15 am – 12.00 noon

Fruit Break

1.50pm - 2.10 pm

Ph: 9529 6123
Rocky Point Road
Sans Souci NSW 2219



MUNCH MONITOR ONLINE ORDERING

To setup an account go to: www.munchmonitor.com
Click LOGIN then REGISTER
Enter School ID: sanssoucips
Enter PASSWORD: munch2219
Click SUBMIT then follow the prompts to CREATE your ACCOUNT.
CALL MUNCH MONITOR on 1300 796 190 for further assistance.
ONLINE ORDERS cut off 8.30am.
Cost per family per term \$5.00

**LUNCH ORDERS ARE ONLY ACCEPTED THROUGH
MUNCH MONITOR ONLINE ORDERING
NO CASH OR PHONE ORDERS WILL BE ACCEPTED
THANK YOU FOR UNDERSTANDING**

Snacks

Available Daily Lunch & Fruit Break

Veggie Sticks and Dip - Hommus or Tzatziki	\$3.00
Snack Salad cherry tomato & veggie sticks	\$2.20
Cheese and crackers	\$2.20
Frozen Fruit Pieces	from .20c
Apple Slinky	\$1.20
Your apple made into a slinky	.20c
Fruit Cup seasonal freshly cut fruit	\$1.30
Fresh Fruit prices are seasonal from	\$1.20
Jelly Cup	\$1.20
Piranha Popcorn	\$2.00
Muffin - freshly made in the canteen	\$1.70
Garlic Bread	\$1.20

Drinks

Harvey Fresh Juice apple, apple blackcurrant	\$2.20
Water 600ml	\$2.00
Flavoured Milk chocolate, strawberry	\$2.50
Up & Go chocolate, vanilla, strawberry	\$2.50
Juice Bomb selected varieties	\$2.70

Ice Creams

Available over the counter ONLY Lunch & Fruit Break

Frozen Milk Cup	\$1.00
Frozen Juice Cup	\$1.00
Quelch Ice Blocks	\$1.00
Twisted Frozen Yogurt	\$2.70

Lunch

Available on day specified ONLY

Monday

Plain Pasta with Tasty Cheese	\$4.00
Napolitana Pasta – homemade tomato sauce	\$4.60
Mac & Cheese 99% Fat Free	\$4.90
Teriyaki Chicken served on steamed rice	\$4.90
Butter Chicken served on steamed rice	\$4.90
Halal / Gluten Free Hot Dog	\$3.60

Tuesday

*Sushi must be ordered online Monday by 12noon

Sushi selected varieties	from \$4.00
Teriyaki Chicken served on steamed rice	\$4.90
Butter Chicken served on steamed rice	\$4.90

Wednesday

Plain Pasta with Tasty Cheese	\$4.00
Napolitana Pasta – homemade tomato sauce	\$4.60
Mac & Cheese 99% Fat Free	\$4.90
Lean Sausage Roll - Halal	\$3.80
Lean Meat Pie - Halal	\$4.20
Halal / Gluten Free Hot Dog	\$3.60

Thursday

Cheese Pizza - Margherita	\$4.80
Ham & Cheese Pizza	\$5.00
Zaatar - oregano bread	\$2.80
Halal / Gluten Free Hotdog	\$3.60

Friday

*Sushi must be ordered online Thursday by 12noon

Sushi selected varieties	from \$4.00
Lean Sausage Roll - Halal	\$3.80
Lean Meat Pie - Halal	\$4.20

Extras

Tomato Sauce or Sweet Chilli portion	.30c
Forks/Spoons - when not part of lunch order	.10c

Lunch – Daily

Available Lunch Monday to Friday

Chicken Tenderloin (each)	\$1.90
Chicken Tenderloin Wrap/Roll	\$4.90
2 chicken tenderloins with lettuce and mayo or tomato sauce	
Chicken Tenderloin & Salad Wrap with mayo	\$5.90
Beef Burger with cheese lettuce tomato & sauce	\$4.90

Toasted Sandwiches

Wholemeal bread used

Cheese Toastie	\$3.60
Tomato & Cheese Toastie	\$4.10
Ham & Cheese Toastie	\$4.60
Pizza Toastie - ham, cheese, pizza paste	\$4.80
Chicken & Cheese Toastie	\$4.60
Wrap toasted with extra cheese & above fillings add	\$1.30

Fresh Sandwiches

Wholemeal bread used

Vegemite	\$2.50
Cheese	\$3.00
Salad	\$4.10
Salad & Cheese	\$4.60
Chicken (fresh chicken)	\$3.60
Chicken & Salad	\$5.10
Ham	\$3.60
Ham & Salad	\$4.90
Tuna	\$4.10
Tuna, Lettuce & Mayo	\$5.00
Extras - add to above prices	
Cheese, Tomato, Cucumber, Lettuce, Carrot	.50c
Salad (lettuce, tomato, cucumber, carrot)	\$2.00
Roll or Wrap	.80c
Add sauce, mayo, sweet chilli to above	.30c

Salads - Daily

Greek Salad	Small \$5.10 Large \$6.10
Lettuce, cucumber, tomato, feta, olives and dressing	
Salad Box	Small \$5.10 Large \$6.10
Lettuce, cucumber, tomato, carrot and dressing	
Add Ham or Cheese \$1.20	Chicken or Tuna \$1.70